

## TRIP PLANNING

- 29.09.17** Meet with Martin Rodriguez, Eastern Bloc Arts  
Visit Sight and Sound: Non-compliant Futures Festival
- 30.09.17** Meet Maya Hay and colleagues  
Attend and participate at Leavening the Conversation: Food, Fermentation and Feminism
- 01.10.17** Deliver an ad hoc public Fold and Rise workshop  
Attend and participate at Leavening the Conversation: Food, Fermentation and Feminism
- 02.10.17** Meet with Martin Rodriguez, Eastern Bloc Arts  
Visit Sight and Sound: Non-compliant Futures Festival

## Fold and Rise, Canada

This discursive event will explore the collective and relational production of knowledge, combining conceptual and embodied methods, delivered as a collaboration practice- Fold and Rise (Maeve Collins and Julie Griffiths, IRL). Using an atypical workshop format, the theory and the practice of *embodied -thinking with hands* will be interrogated, drawing on aesthetics and feminism as critical discourses of the body, actively engaging the bodies of participants.

The event will create conditions in which participants can directly experience the interaction of these different ways of knowing, an experience that can be disorienting and surprising, producing fresh perspectives on questions of 'bodies of knowledge' and bodily knowledge. The *Knead and Read* workshop\* invites participants to engage with a dense and vital materiality (kneading live yeast dough) whilst listening to two interwoven texts by the artists. The rising of the dough leaves space in which to discuss the sensual, formal and political dimensions of aesthetics and embodied practice. Through this process, knowledge is generated as a tangibly relational object.

The separate but related texts specifically address forms of knowing through and with the body.

The combination of a form of production associated with the domestic, the private, and the feminine (kneading dough) with the abstract, conceptual methods of production, generate unusual and unlikely perspectives on the relations between bodies of knowledge and bodily knowledge. The presentations and discussion will be cognitively mapped, resulting in a digital diagram that will be made publicly available online through the Fold and Rise website as a contribution to public discourse.

\* *Knead and Read* is an established format within the Fold and Rise project (2017).

## WORKSHOP PROGRAMME: 90 minutes

5 minutes for people to arrive and settle into position

5 minutes introduction to the process

30 minutes kneading and reading.

5 minutes for people to cover the dough, clear a space and wash hands.

20 – 25 minutes for minutes for discussion (dough rising)

5 minutes to contribute to cognitive map.

5 minutes to form the risen dough.

10 minutes for clean-up.

IDEALLY, WE WOULD LIKE TO BAKE THE DOUGH (BAKING TIME APPROX. 1 HR 20 MINS).